

The following is a list of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

**Possible Allergens  
May 3-7, 2010**

<b>Menu Item</b>	<b>Possible Allergen</b>
<b>Monday</b>	
Chicken	Soy, Wheat
Buffalo Sauce	Soy, Milk
Cornbread	Soy, Wheat, Milk, Eggs
Ranch Dip	Soy, Milk, Eggs
<b>Tuesday</b>	
Pizza	Soy, Wheat, Milk
Italian Dressing	Soy
Graham Crackers	Soy, Wheat
<b>Wednesday</b>	
Basil Chicken Breast	Soy
Roll	Soy, Wheat
Mashed Potatoes	Soy, Milk
<b>Thursday</b>	
Beef and Bean Nacho Meat	Soy, Wheat, Milk
Tortilla Chips	Soy
Cheddar Cheese	Milk
Rice	Soy, Milk
<b>Friday</b>	
BBQ Sauce	Soy, Wheat
Texas Toast	Soy, Wheat
Cookie	Soy, Wheat, Milk, Eggs

**Possible Allergens  
May 10-14, 2010**

<b>Menu Item</b>	<b>Potential Allergen</b>
<b>Monday</b>	
Turkey Meatballs	Soy, Wheat, Milk, Eggs
Hoagie	
Mozzarella Cheese	Milk
Twisty Herb Pasta	Soy, Wheat, Milk, Eggs
<b>Tuesday</b>	
Fish Sticks	Soy, Wheat
Tartar Sauce	Soy, Milk, Eggs
Cheezit's	
<b>Wednesday</b>	
Chicken Alfredo Pasta	Soy, Wheat, Milk, Eggs
Bread Round	Soy, Wheat
Yogurt	Milk
Cookie	Soy, Wheat, Milk, Eggs
<b>Thursday</b>	
Bun	Soy, Wheat
Coleslaw	Soy, Eggs
<b>Friday</b>	
Chicken Strips	Soy, Wheat
Honey Mustard Sauce	Soy, Milk, Eggs
Cheesy Broccoli Rice	Soy, Milk
Dill Dip	Soy, Milk, Eggs

**Possible Allergens  
May 17-21, 2010**

<b>Menu Item</b>	<b>Potential Allergen</b>
<b>Monday</b>	
Salisbury Steak	Soy, Eggs
Honey Wheat Roll	Soy, Wheat
Mashed Potatoes	Soy, Milk
<b>Tuesday</b>	
Chicken Slider Patties	Soy, Wheat, Milk, Eggs
Buns	Soy, Wheat
Sun Chips	WHeat
Ranch Dip	Soy, Milk, Eggs
<b>Wednesday</b>	
Hamburger Patty	Soy
Bun	Soy, Wheat
Sliced Cheese	Soy, Milk
Potato Salad	Soy, Wheat, Milk, Eggs
<b>Thursday</b>	
French Toast Slices	Soy, Wheat, Milk, Eggs
Cheesy Omelet	Soy, Milk, Eggs
<b>Friday</b>	
Baked Ziti with Meat Sauce	Soy, Wheat, Milk, Eggs
Bread Round	Soy, Wheat, Milk
Golden Italian Dressing	Soy